

2013

Associate Speaker of the Year,
NW Region, The Professional
Speaking Association

Doing
BIG
& SCARY

ANDY MOUNCEY

INTERNATIONAL SPEAKER - AUTHOR

A powerful speaker with a unique lively approach
that will draw you in and really really move you...

Why Book Andy

Highly Professional & Easy To Work With

Easy to work with... straight down the line... responds quickly... great at taking a briefing and personalising a presentation... delivers exactly what he says... exactly what you want.

James Poole, Gordon Poole Speaker Agency

Original Content & Powerful Delivery

Brilliant! Spectacular! You gave us exactly what we wanted and the mix of humour, insight, and tips was spot on.

Adrian Batchelor, Regional Manager St James's Place Wealth Management

Make It Matter For The Audience

I thought I would be bored with some bloke rabbiting on but oh how wrong I was. I was glued to my seat and even moved to tears at the end.

Jason Burke, Pilgrim Challenge Ultra

Through his powerful inspirational presentations and workshops
Andy Mouncey inspires and supports you to achieve and repeat
BIG GOALS and massive targets. His simple process is
proven to stay with you and deliver results.

Andy is an record-setting ultra-distance athlete, author, coach and goal-setting expert who has presented to business, sport and educational audiences since 2000. His keynote presentations include:

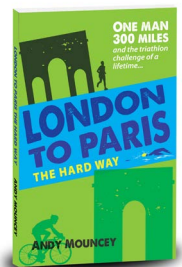
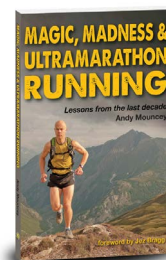
Doing Big and Scary How to achieve *Big Goals* and massive targets as a six step process and enjoy the journey

Getting To Grips With Goals The detail behind the presentation: Andy shows you how to make the goal-setting process simple, meaningful, effective and replicable so you have the right leverage to persevere through setbacks and pace yourself to the finish.

Magic Madness and Ultra Marathon Running Running beyond the marathon distance and often through the night. Why on earth would you? And how on earth do you start? This is a presentation for those who run and those who don't..Pictures, stories, myth-busting, insights and laugh out loud moments. Because it's not really about the running at all...

Andy is a published author and has appeared on radio and TV.

He is a record-setting endurance athlete who is accredited to coach and train professionally alongside a wide range of clients from sport, education and business and he has been doing just that since 2000.



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Andy has spoken for a range of companies and professional bodies such as Astra Zeneca, BAE Systems, Royal Bank of Scotland, HSBC, St James Place Wealth Management, Bakkover, Mead Johnson Nutrition, Jacobs Water, Mind Mental Health Charity, West Yorkshire Police, the Northwest Development Agency, Institute of Outdoor Learning, Institute of Directors and at many schools. He has also worked for a number of business schools including Henley, Cranfield University, University of Cumbria, Metropolitan University of Manchester and Warwick



"Feedback has been excellent! There is now a common language for us to use when talking about reaching higher and when combined with the really strong positive vibe your sessions have created, I am sure we will see results quickly."

The Royal Bank Of Scotland Corporate Banking.

"The best teambuilding session ever attended! The amount of work achieved in just 4 hours was awesome. Lots of inspiration to turn words into action!"

MIND The Mental Health Charity.

"If you think this is another one of those look at what I did - you can too guys, then think again."

Dr. Steve Kempster, Head of Business School, University of Cumbria

"Thank you for your amazing talk! They are not an easy audience to please... so it was therefore gratifying when a number of people came up to me afterwards to say how much they had enjoyed your talk and were going to act on some of the ideas."

Institute Of Directors, Herts.



Andy has the skill and the experience to grab your audience and make a lasting impression at your event



ANDY DELIVERS RESULTS

Increased my business by 30% - £80-90k additional income as a direct or indirect result.

David Ryley, Senior Partner,
St James's Place
Wealth Management

Productivity is up 10-15% and we expect it to keep rising to 30%.

Rupert Boddington, Regional
Director Corporate Banking RBS

My team and I are writing 15-18% more business now as a result of working with Andy.

Mark Baker,
Business Development Manager ,
St James's Place
Wealth Management



CONTACT ANDY

Talk to him about the requirements for your event